# Does your teen...

...want to earn a paycheck?

...hope to build career skills?

...need help from an expert?

#### Take a new **PATH** forward!

- We're a different kind of service, sharing our experience to help teens and families overcome challenges.
- We connect you with community resources that can help you get the results you want.
- We help you build on your family strengths, expand skills, and develop a path to a brighter future.



### **NORTHERNRIVERS**

Founded where the Mohawk and Hudson meet, like the rivers that shaped our region, Northern Rivers Family of Services helps change lives by shaping the future of those we serve throughout the Capital Region and beyond. Northern Rivers is a family of human services agencies that work together and are committed to helping children, adults, and families.

Formed in 2012, Northern Rivers is the parent organization to Northeast Parent & Child Society (founded in 1888 in Schenectady), Parsons Child & Family Center (founded in 1829 in Albany), and Unlimited Potential (founded in Saratoga Springs in 1979). Together we serve more than 16,000 children, adults, and families in more than 40 counties in New York state who struggle with abuse, neglect, trauma, mental health challenges, educational difficulties, career training and employment, and service navigation through an innovative continuum of home-, clinic-, school-, and community-based services, vocational rehabilitation, supported employment, and senior-supporting programs that provide personcentered, trauma-informed innovative solutions to ensure clients live their best lives.

With a 1,400-strong workforce and informed by our nearly 200-year heritage, our quality of care, depth of programs, combined size, and passion for the mission make us a leading human services provider.

> Main Office 60 Academy Road Albany, NY 12108 518.426.2600

www.northernrivers.org



NORTHEAST PARENT & CHILD SOCIETY PARSONS CHILD & FAMILY CENTER UNLIMITED POTENTIAL

## **PATH**

### Participants Achieve Through Hard Work

**A New Way Forward** 



52 Academy Road Albany, NY 12208 518.426.2629 519 Clinton Ave Albany, NY 12206 518.431.1601

### Who We Are

Our Participants Achieve Through Hard Work (PATH) team delivers intensive, supportive, respectful, and effective community-based services to teens who have had or are at risk of involvement with the juvenile justice system.

We work with Albany County teens age 14 and older and their families, building trusting relationships with clients to help them get the most out of the resources our community has to offer.

Our team includes case managers and credible messengers who live in the community and have overcome some of the challenges our clients face. We have been there and can share what we have learned to assist youth to build social, emotional, and vocational skills to help them meet life and career goals.



# How We Help

PATH brings the skills, abilities, and strength of Northern Rivers and the Trinity Alliance of the Capital Region's SNUG program to provide service planning, case management, academic support, and paid vocational training to divert at-risk youth from the juvenile justice system.

We work with each youth and their family to assess needs, develop meaningful objectives, and provide respectful guidance and support.

#### All teens receive:

- Credible messenger mentoring provided by staff from within the community
- Case management services, including connection to community resources and referrals to both formal and informal support
- Client-centered service planning with goals and objectives set to address identified risks
- Multiple contacts per week
- Focus on family strengths to promote protective factors, skill building, and resilience
- Collaboration with service providers, community or natural supports involved with the family

### How to Get Started

PATH accepts referrals from the Albany County Probation Department for youth ages 14 and older.

For more information, call

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"I really like that my son was able to earn money in this program while he was working on his goal of getting a job. When they did help him get a job, he was so proud."



